Signature health



# WEIGHT LOSS CLINICS

Weight Loss Clinics - Technical Brochure (this brochure is what Weight Loss Clinics will use to both further understand the system and use the content to target and sell the benefits to new and existing clients)

Tired of trying every new weight loss fad and then being disappointed? Are you still seeking a way to make effective and permanent changes to your weight without the risk and cost of cosmetic surgery? Then read on.....

The HOCATT™ Permanent Weight Loss System will enable you to make those permanent and lasting changes and it requires zero-effort from you! Forget the "pills and potions" nonsense and don't even consider a gruelling exercise regime that you know that you will drop as soon as you think of a good excuse (and you'll be able to think of dozens of reasons to quit, everyone can). Stop wasting money on those exercise machines that are cluttering up your house or garage; just stop, think, and consider what The HOCATT™ Permanent Weight Loss System can do for you.

* Do you want to make permanent and lasting changes to your weight?
* Do you want to make permanent and lasting changes to your shape?
* Do you want to find a proven method to banish the effects of cellulite?
* Do you want skin that is free of stretch marks?
* Do you want to "slow down" the "aging clock" and restore skin tone and elasticity?

And most of all, do you want to do this by using a method that is safe, proven, pain and effort free?

If you have answered "yes" to just one of those questions then The HOCATT™ Permanent Weight Loss System is what you have been waiting for. The reality is that if you have answered "yes", then there is a high probability that it was to more than one as weight-issues drive a multitude of hard to address problems.

Now there's a proven system designed and developed by the world's leading authority in ozone therapy that will enable you to achieve all of those goals that just seemed to be out of your reach or only available to people who would risk expensive and often ineffective cosmetic surgery. You will now be able to achieve your dreams in a highly effective, risk free, pain-free and completely relaxing environment. Ozone Therapy has long been recognised as a highly effective treatment to achieve cosmetic and health advances, and what's more, the processes require almost no effort from the client. That's right, your commitment is to simply relax and look forward to experiencing just how you will feel when the "new you" emerges. Think what your family and friends will say; think about how your self esteem and confidence will just soar.

Maybe you have been struggling to overcome some of the following challenges:

• Removing excess fat permanently.
• Targeting and eliminating cellulite.
• Restoring skin elasticity to combat the effects of stretch marks following

pregnancy or weight loss.
• Slowing down the aging effect on skin smoothness and elasticity.
Can there really be "Gain without Pain?"
"No pain no gain" has always been a maxim beloved by coaches and trainers everywhere and it's true; a tough, punishing and regular regime of vigorous exercise can deliver great results. But in that statement are several words that give a clue as to why 99% of people start out with great intentions but then quickly find reasons to stop. What The HOCATT™ Permanent Weight Loss System offers you is "all the gain, none of the pain". So how can this be? - how can something-for-nothing really work? Typical exercise regimes burn up calories and this leads to weight loss as fat is burned to produce energy to fuel the activities. The metabolic rate increases and the body then needs to provide fuel to support it, simple as that. And this is how The HOCATT™ Permanent Weight Loss System works; it stimulates the metabolism to a level similar to playing a vigorous game of squash or soccer BUT without the running around, stress on the joints or risk of injury.

Maybe you just want to feel calmer, more relaxed and healthier. Or is it that you are locked into a cycle of suffering from aches, pains and being continually attacked by viruses and illness. Well, the The HOCATT™ Permanent Weight Loss System can help to reduce or eliminate all of these problems. The HOCATT™ Permanent Weight Loss System is a "Hyperthermic Ozone and Carbonic Acid Transdermal Therapy" - hence HOCATT™.
The system allows certificated operators to discuss with you exactly what you wish to achieve and then plan a programme that will deal effectively with the issues.

Here's some background to why Ozone Therapy works and how it has been developed by Signature Health into the state of the art in available Ozone Therapy.

Ozone Therapies have been studied for many years around the world by top medical institutions that have recognized that Ozone Therapy can deliver highly impressive results in a wide range of people; from top athletes to people with severe and highly challenging health issues.

Ozone In Oxygen. This will act on normal cells by stimulation of the liberation of antioxidant enzymes (Glutathione, Catalase, and Dismutase) so more cell protection and free radical scavenging effect. However the abnormal cells (bacteria, fungi, protozoa) do not contain antioxidant enzymes and so are vulnerable for oxidation and destruction.

Antitoxic Effect. Hydrogen peroxide (liberated from ozone) oxidizes the biological waste products and toxins into inert substances making them easy to be excreted by the skin, liver and kidneys.

Enhancement of Circulation. Ozone reduces clumping of red cells and restores its flexibility and oxygen carrying ability. The arterial oxygen partial pressure increases and viscosity decreases leading to better tissue oxygenation. In addition ozone oxidizes plaques in arteries allowing removal of the "breakdown" products.

Stimulation Of Oxygen Metabolism. Ozone increases red blood cell glycolysis rate leading to stimulation of 2, 3-diphosphoglycerate (2, 3-DPG) and accordingly increase of oxygen released to tissues. In addition, ozone activates Krebs cycle by enhancing oxidative carboxylation of pyruvate leading to stimulation of production of adenosine tri-phosphate (ATP) and accordingly more energy on the cellular level.

These are just a few of the many examples of just what can be achieved by using Ozone Therapy. One challenge that had to be met was identifying a safe, proven and reliable system for delivering all of these benefits. Furthermore, it was essential that the clients using the system found the whole experience to be effective, stress-free and comfortable. This is where the research and development programme began with Professor Nabil Mawsouf.

Development of The HOCATT™ Permanent Weight Loss System

Professor Nabil Mawsouf, Vice President of the International Scientific Committee for Ozone therapy is probably the one Ozone Scientist who has done the most extensive work with Ozone CO2 Hyperthermic Chambers in the world. He is also a Professor at the Department of Anaesthetics, ICU and Pain Management at the National Cancer Institute at Cairo University, Egypt. He was instrumental in establishing the first government approved Ozone Hospital in Oman and a key challenge that he had to meet was to identify the best Ozone Hyperthermic system available for this world leading facility. As a world renowned speaker at conferences across the globe, he had a detailed knowledge of what systems were available and how they performed. After extensive tests and trials, the Signature Health system was chosen as it represented the state of the art in Ozone Hyperthermic systems.
After using the Signature Health Ozone Hyperthermic System, he agreed to be the Scientific Consultant to Signature Health and following further development, the HOCATT™ System was born.